

Alcol e lavoro: mantenimento della sobrietà e reinserimento lavorativo

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KEY WORDS

Alcohol; return-to-work

SUMMARY

«Alcohol and work: remaining sober and return to work». Background: One of the most complex alcohol-driven problems is the job loss and the subsequent attempts to return to a professional activity. Methods: In order to better understand the issue, an epidemiologic investigation was carried out on a group of 162 alcoholics whilst hospitalised in a specialised clinic. Results: The outcome shows the importance of remaining sober to keep or to be returned to one's own job. Unfortunately, local resources at hand, first of all joining an auto-mutual-help group, are still too little known and thus clearly underemployed. Therefore, an informative action within companies is highly desirable. Those alcoholics suffering from serious illnesses, especially mental ones represent a different issue. Conclusions: For these people a higher involvement of public authorities is desirable in creating protected job openings.