

# I requisiti per i formatori dei lavoratori designati al primo soccorso aziendale

A. SACCO, M. CIAVARELLA\*, A. TREVISAN\*\*, GABRIELLA MONTEFORTE\*\*\*, A. DE SANTIS\*\*\*

U.O. di Prevenzione e Sicurezza negli Ambienti di Lavoro - Azienda USL Frosinone.

\* Servizio di Prevenzione, Igiene e Sicurezza nei Luoghi di Lavoro, Azienda USL Roma B

\*\* Associazione Culturale Medica "Vo.Pro.Med." Volontariato e Progresso per la scienza Medica

\*\*\* Azienda Regionale Emergenza Sanitaria - ARES 118, Centrale Operativa Provinciale di Frosinone

## KEY WORDS

Occupational first aid; teacher's and trainer's requisites and qualification; designated workers

## SUMMARY

**«Educational and training issues in occupational first aid: the requisites for the teachers of the workers responsible for first aid».** **Background:** The inter-ministerial decree (D.I.) 388/03 (the Italian law on first aid in the workplace) attaches particular importance to the organization of first aid and to the content of the teaching and training of designated workers, specifying teaching objectives, programme and duration of courses. However it provides less details on the requirements and qualifications of the teachers and trainers. **Objectives:** To discuss this topic in the light of the guidelines contained in the literature and the existing legislation. **Methods:** We used the specific references of literature and legislation concerning first aid training of designated workers. **Results:** The objectives and the content of the training courses call for a high level of professional competence and approach. Therefore, training of designated workers should be planned and carried out in accordance with the training standards used for the teaching and training of the so-called "lay rescuers". **Conclusions:** The need to achieve high training standards for workers responsible for first aid at the workplace is to a large extent justified by the difficulty of the role of employees. This need follows the current tendency in regulations to guarantee adequate and up-dated training also for other agents operating within the system of workplace prevention. In this context the occupational physician plays a significant role in the training programmes for designated workers.