

Salute mentale e ambiente di lavoro in un gruppo di utenti dei servizi pubblici di prevenzione

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KEY WORDS

Occupational health services; mental health services; organizational constraints; workload; women

SUMMARY

«Mental health and working environment in public health service users». Background: *In a previous organizational study we proposed shared technical initiatives in public occupational health and mental health public services dedicated to mental health at work which is now completely neglected.* Objectives: *To study the occupational mental health demand in public health services users by improving shared tools among public health services.* Methods: *Data collection on socio-demographic characteristics, relationship between mental health and working environment, organizational constraints in a group of mental, occupational and public health service users (no 90).* Results: *A third of the users, mostly women, described the working environment as negative for mental health. The main reported organizational constraints were poor career possibilities, relationship with the public and workload. Inadequate workload is the leading cause for a negative evaluation of working conditions for mental health.* Conclusions: *This study confirms that mental health at work is a public health problem that has to be better investigated using tools shared between mental and occupational health services.*